What LGBT Partners need to know about Our Path

1. OurPath is LGBT+ affirming. We believe that societal heterosexist and anti-LGBT+ attitudes create closets, and that when LGBT+ people are fully accepted, fewer people will unknowingly find themselves in Mixed Orientation Relationships.
2. We do not take a position on whether or not Mixed Orientation Couples should stay together, separate, or divorce. Our role is to support the Straight Partner or Partner of a Trans Person in coming to their own truth, and finding their own path, about what is best for them and their relationship.
3. We encourage Straight Partners and Partners of Trans People to express and validate their feelings, including the difficult emotions of anger, rage, betrayal, grief and loss. While we validate these feelings, we also encourage Straight Partners and Partners of Trans People to process them in healthy ways in their own time (this is not a fast process, however, and usually not a linear one).
4. We believe mutual empathy and respect go a long way toward the healing of Straight Partners and Partners of Trans People, and facilitate a smoother, healthier transition to "the new normal" for the whole family.
5. We believe Straight Partners and Partners of Trans People need and have a right to support. The burdens of the closet are intense and can have negative impacts on a person's mental and emotional health, and that goes for Straight Partners and Partners of Trans People who may be in the closet with their LGBT+ Partner. For that reason, we encourage Straight Partners and Partners of Trans People to talk to a few close friends or family members, as well as any mental health professionals they work with. This does not constitute "outing" an LGBT+ person.
6. We believe that free expression of sexual and gender authenticity and the right to be in relationships that align with those expressions and identities, is a healthy goal for all people.

Copyright © 2021 OurPath, Inc. All rights reserved.