Your partner isn't straight? You're not alone.

Discovering your partner is LGBT+ can be a life-altering experience for straight and non-trans partners.

OurPath provides Straight Partners (the straight and non-trans partners of LGBT+ people) with resources to cope constructively with the experience of learning that their partner in a heterosexual relationship is LGBT+. We provide a safe space for Straight Partners to explore their own path toward a new normal through peer support and online resources including open forums, podcasts, a blog, videos, recommended books and more.

OurPath serves Straight Partners regardless of their marital status. Whether disclosure or discovery results in divorce, separation, or remaining in a healthy Mixed Orientation Relationship, we support Straight Partners in choosing their own path forward toward a future that aligns with their values and vision.

INDIVIDUAL AND GROUP SUPPORT

All of our Support Contacts and Group Leaders have traveled their own path with a current or former partner who is (or is believed to be) LGBT+.

OPEN FORUM

Our Open Forum is a moderated, public forum where people can post their stories, questions and challenges. Users can browse without signing up, or use a pseudonym to protect privacy.

PODCASTS, BLOG AND VIDEO DIARIES

Our podcast features the stories of Straight Partners, and occasionally an LGBT+ partner or experts in various fields. Our blog features pieces written by and for our Straight Partner community. Videos feature straight and non-trans partners.

FAQs

Our FAQs include answers to many questions you may have right now, like: *I think my partner may be LGBT+ but I'm not sure. What should I do? My partner is LGBT+ but still in the closet. Whom can I tell? How do I learn to trust myself or others again? Should I tell the children? How and when?*

OurPath supports full rights and equality for the LGBT+ community. When all people are free to be who they are, no one will feel pressure to marry or otherwise commit outside of their sexual orientation without disclosure.

Call or visit us online for support
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